

## **EFP launches EuroPerio Series on the latest research in oral health**

**Brussels, Belgium, 12 April 2021.** Get ready for the hottest topics in oral health with the EuroPerio Series, a virtual initiative of the European Federation of Periodontology (EFP).

Gum diseases affect most people at some point during their lives. They are caused by the body's reaction to bacteria that build up in the mouth and cause inflammation. The two main forms are gingivitis and periodontitis.

Registration is now open for the EuroPerio Series launch event on 5 June, which will be broadcast live from the Bella Center Copenhagen in Denmark. Seven additional sessions will follow virtually, one each month from September 2021, paving the way for the in-person EuroPerio10 congress in June 2022 in Copenhagen.

Explore the EuroPerio Series scientific programme: <https://www.efp.org/europerio-series/programme/>.

Gum diseases can often be stopped with good oral hygiene and professional cleaning to remove bacteria and reduce inflammation. But some patients require surgery to clear hard-to-reach bacteria and repair tissue destruction – this topic kicks off the EuroPerio Series, featuring state-of-the-art presentations by international experts.

Stay tuned for future sessions on the links between gum disease, diabetes, and heart disease – find out how healthy gums can help prevent these conditions. In addition: insights into how personalised medicine is being used to treat periodontitis and problems with dental implants. Plus: the future of bone regeneration to promote tissue reconstruction after gum disease. And much more.

Professor David Herrera, EuroPerio10 scientific chair, said: “We have an exciting programme lined up for the EuroPerio Series showcasing the most important scientific issues of the day discussed by opinion leaders from around the globe. The interactive virtual sessions will enable you to quiz the experts from wherever you are.”

Professor Phoebus Madianos, EuroPerio10 chair, said: “EuroPerio10 was postponed until 2022 due to the Covid-19 pandemic. The EuroPerio Series will provide a taster of what's to come next year and be a warm-up for our highly-anticipated event in Copenhagen.”

Professor Nicola West, EFP secretary general and EuroPerio10 treasurer, said: “Gum disease affects up to half of all adults worldwide, with the majority totally preventable. Don’t miss this virtual series for up-to-the-minute evidence on prevention and treatment, plus links to other common illnesses including heart disease, diabetes and dementia.”

### **EFP, the global benchmark in periodontology**

The European Federation of Periodontology (EFP, [www.efp.org](http://www.efp.org)) is a non-profit organisation dedicated to promoting awareness of periodontal science and the importance of gum health. Its guiding vision is “periodontal health for a better life.”

Founded in 1991, the EFP is a federation of 37 national periodontal societies that represents more than 16,000 periodontists, dentists, researchers and oral-health professionals from Europe and around the world. It supports evidence-based science in periodontal and oral health, and it promotes events and campaigns aimed at both professionals and the public.

The EFP organises EuroPerio, the world’s leading congress in periodontology and implant dentistry, as well as other important professional and expert events such as Perio Master Clinic and Perio Workshop. The annual Gum Health Day on May 12, organised by the EFP and its member societies, brings key messages on gum health to millions of people across the world.

The EFP also organises workshops and outreach campaigns with its partners: projects to date have covered the relationship between periodontal disease and diabetes, cardiovascular disease, and caries, as well as women’s oral health during pregnancy.

The EFP’s *Journal of Clinical Periodontology* is the most authoritative scientific publication in this field. The federation also publishes *JCP Digest*, a summary of research which is published monthly in seven languages, and the *Perio Insight* and *Perio Life* magazines, which respectively offer expert views on issues in clinical practice and give voice to alumni of the EFP-accredited postgraduate programmes in periodontology. Online, the EFP has developed its EFP Virtual strategy for continuing education, which includes the Perio Sessions webinars, the EuroPerio Series presentations, and the Perio Talks interactive chats on social media.

The EFP’s work in education is also highly significant, notably its accreditation programme for postgraduate education in periodontology and implant dentistry.

The EFP has no professional or commercial agenda.

**ENDS**

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